

OFFICE OF THE COUNTY EXECUTIVE

Milwaukee County

SCOTT WALKER . COUNTY EXECUTIVE

FOR IMMEDIATE RELEASE

October 2, 2007

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WALKER'S 2008 BUDGET CONTINUES TO INVEST IN QUALITY OF LIFE FOR OLDER ADULTS

MILWAUKEE –County Executive Scott Walker addressed a large gathering today at the Wilson Park Senior Center detailing how his 2008 budget continues to invest in the quality of life of older adults. Walker was joined by Department on Aging officials, as well as Wilson Park Senior Center members and staff.

"It's important that we not only create a tax environment that allows our citizens to stay in their homes and community without ever having to think of leaving, but also that we do all that we can to ensure the highest quality of life at the same time," Walker said. "My budget makes Milwaukee County a safer, more affordable, and better place to live and retire."

Highlights of the County Executive's proposed budget for the Department on Aging include:

- Providing administrative capacity and staff for continued growth of the FamilyCare program for adults over age 60.
- Fully funding the Senior Meal Program and continuing operation of 31 senior meal sites. This program provides older persons, particularly those with low incomes, low-cost, nutritionally sound meals in strategically located sites throughout the county.
- Providing more than \$1.3 million for the operation of Senior Centers and \$300,000 to address maintenance and upkeep at the Centers.

Last year 365,000 meals were distributed at meal sites throughout the county. Several thousand additional meals were home-delivered. Milwaukee County provides the meal program at 31 sites, 21 at senior centers run by public and private groups, and five of which are owned by Milwaukee County and managed by Interfaith Older Adult Programs. The centers are welcoming settings for people 50 and older to socialize, share and learn new skills, stay fit, learn a foreign language, take computer or fine arts classes, and get involved in a wealth of recreational opportunities.

Healthy eating programs, health screenings, walking groups, and free fitness centers offering yoga, dance and Arthritis Foundation Exercise classes help seniors maintain an active lifestyle. Recreational opportunities include theater workshops; classes in stained glass, quilting, knitting, sewing; lessons in golf, piano, guitar and harmonica. Other activities members enjoy include tai chi, bocce ball, woodshop projects, and luncheon and travel groups.

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